



# HAPPINESS AT WORK

THE MOST NATURAL THING IN THE WORLD.  
HAPPINESS AT WORK PAYS OFF!



FOR  
YOURSELF

WHEN YOU ARE HAPPY, YOU ARE HEALTHIER, MORE VITAL, MORE CHEERFUL, MORE SOCIAL AND MORE SUCCESSFUL.

IT'S ALSO AN IMPORTANT TOPIC FOR ORGANISATIONS: HAPPIER EMPLOYEES ARE MORE ENGAGED AND PRODUCTIVE, THEY'RE MORE COOPERATIVE, MORE CREATIVE AND MORE INNOVATIVE. HAPPY EMPLOYEES ARE LESS LIKELY TO CALL IN SICK AND THERE IS A DECREASED CHANCE THEY WILL EXPERIENCE BURNOUT.

HAPPINESS AT WORK IS ABOUT MEANINGFUL WORK, HEALTHY RELATIONSHIPS, DEVELOPMENT AND

HAVING  
FUN



IT'S ABOUT PUTTING AN END TO UNNECESSARY RULES, POWER, COMPLICATED PROCESSES AND PROCEDURES,

ABSENTEISM, UNMOTIVATED COWORKERS AND TERRIBLE MANAGERS.

LET'S CREATE A WORKPLACE TO STIMULATE FUN, APPRECIATION, POSITIVE FEEDBACK,

AWESOME CHALLENGES, TRUST, MEANINGFUL RESULTS AND MUTUAL RESPONSIBILITY. LET'S DECIDE,

AS EMPLOYEES, EMPLOYERS, ENTREPRENEURS, ORGANISATIONS

AND ESPECIALLY AS HUMAN BEINGS,

TO WORK TOGETHER



TO MAKE HAPPINESS AT WORK THE NORM.

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OR [SEMAINEDUBONHEURAUTRAVAIL.BE](http://SEMAINEDUBONHEURAUTRAVAIL.BE)

INTERNATIONAL WEEK OF  
HAPPINESS AT WORK

